



How Parents Can Help Ease School Anxiety



This class will identify possible reasons a child is exhibiting school anxiety and help parents understand the differences between school anxiety and separation anxiety. We will discuss what happens in the body and brain when someone is anxious and identify strategies you can use with your children to calm the anxious brain.

How Parents Can Help Ease School Anxiety Greenwood Elementary School 804 W Main St, Greenwood Tuesday, Sept 18 from 6:30pm to 7:30 pm

The cost for the class is **\$10 per person**. Scholarships are available. To register online, click [here](#) or visit <http://weblink.donorperfect.com/schoolanxiety>

Sept 2018 | school anxiety

***Please register by Sept 12**

Name: _____ Phone: _____

Mailing or email address: _____

PAYMENT METHOD: CASH CHECK SCHOLARSHIP REDISCOVER

To pay by credit card, register [online](#) at <http://weblink.donorperfect.com/schoolanxiety>.

Scholarships are available. Contact Bev Hatley 816-347-3239 if you reside WITHIN the Lee's Summit R-7 School District boundaries. If you live OUTSIDE these boundaries contact, Rachel Segobia 816-347-3298.

If not registering online, please mail check with completed form to:

ReDiscover c/o Bev Hatley | 1555 NE Rice Rd. | Lee's Summit, MO 64086 (816)-347-3259

This class is approved for continuing education credit for child care providers.



Lee's Summit CARES has offered the Becoming a Love and Logic Parent program for 19 years through a collaborative relationship with ReDiscover and the Lee's Summit R-7 School District. Scholarships are available through funding support from the City of Lee's Summit and Jackson County Outside Agency funds.