



Stress Management for Busy Families

Find us online!



Families today are on the go, moving from one activity to the next. For many parents, planning the family schedule is much like completing a Suduko puzzle. The parent work schedule, youth activities, homework, food preparation and other commitments are pushing many parents to their stress threshold. Join us and learn how stress is impacting you and your family and steps you can take to reduce the stress in your life.

Stress Management for Busy Families
Prairie View Elementary School
501 SE Todd George Pkwy – South Library
Monday, March 12
6:30 to 7:30 pm

The cost for the class is \$10 per person. Scholarships are available to residents who live within the Lee’s Summit R-7 school district boundaries.

March 2018 | All Ages

***Please register by March 5**

Name: _____ Phone: _____

Mailing or email address: _____

Circle Payment Method: Cash Check Scholarship (Contact Bev 816-347-3259)

To register with a credit card, click [here](#) or go to www.LSCares.org.

If not registering online, please mail check with completed form to:

ReDiscover c/o Bev Hatley | 1555 NE Rice Rd. | Lee’s Summit, MO 64086 (816)-347-3259



Parent University, a program of LS CARES, is made possible through a collaborative relationship between Lee’s Summit CARES, the Lee’s Summit R-7 School District and ReDiscover.